

Office of the Director of  
Higher Secondary Education,  
Housing Board Buildings,  
Santhi Nagar,  
Thiruvananthapuram.

**Dated : 01/12/2009**

**No. Acd.B1/64806/144/2009/HSE**

From

The Director

To

The Regional Deputy Director  
Higher Secondary Education,  
Thiruvananthapuram/Ernakulam/Kozhikode

Sir,

Sub:- HSE – Guidelines issued by the Ministry of Health and Family  
Welfare for the prevention and spread of H1 N1 – for compliance –  
reg.

Ref:- Letter No.PH4/36699/09/DHS dated 31/10/2009 from the Directorate  
of Health Services.

As per letter cited, the Director of Health Services, Thiruvananthapuram,  
has communicated the points, based on the guidelines issued by the Ministry of  
Health and Family Welfare, Government of India for the prevention and spread of  
H1N1.

- 1) The Primary responsibility of prevention of spread of the illness at  
schools/educational institution rests with the principals/Head Masters.
- 2) To this effect, any students/Staff Members who have influenza like illness  
should be asked to take leave, and get the advice of a doctor at a screening  
centre. Relevant information about such episodes/cases should  
mandatorily be passed on to the District Medical Officer.
- 3) A Medical Certificate should not be insisted upon, for granting leave to  
such cases.

- 4) Persons who are advised rest at home by the doctor should strictly follow the isolation advice given by the doctor, and avoid going to tuition/coaching centers etc.
- 5) A screening of students of each class should be done by the teachers daily to spot students who are ill. The students also should daily be reminded about the general preventive and supportive measures for H1N1 influenza, by the teacher taking the first class/period of the day.
- 6) In case a larger number, of such case are noticed in an institution, a medical check up may be arranged on the campus, with the co-operation of the District Health authorities.
- 7) If the number of cases in a class/institution is significant, the class/school may be closed for a week by the school authorities, in consultation with the District Health authorities. The decision making team may include the District Collector, the District Medical Officer/District Surveillance Officer. The Deputy Director – Education, and the Head Master/Principal of the Institution.
- 8) Situations where large gatherings of students (like assemblies/other events) should be avoided.
- 9) Excursions/tours should be discouraged as far as possible.
- 10) Ensure that IEC material prepared by the Departments of Health and Education is distributed/displayed in the institutions.
- 11) The importance of good fluid and food intake, in addition to rest, in bringing about a speedy recovery of health should be impressed upon all students by the teacher's daily.

You are directed to make sure that the above instructions are complied with in all the schools under the department.

Yours faithfully,

  
DIRECTOR

Copy to : All Principals

